

Instructions how to Pair a trainer remote to a Trainer Device.

Firstly, you will need to download the Trainer configuration Tool using this link. The user manual is also be found on this link.

<https://uk.heartsine.com/downloads/#heartsine-trainer>

and obtain a specific HeartSine data cable.

Pairing Procedure

- Plug the supplied USB cable into the device
- Using the Universal Trainer Configuration tool enable “Controller Pairing”
- Disconnect the USB cable and turn ON the device with the GREEN ON/OFF button. The chest LEDs will illuminate indicating pairing mode.
- Remove the handheld remote battery cover
- Hold down the remote RED OFF button and lift one of the batteries out.
- Replace the battery and the remote will pair with the device – 12 audible beeps will be heard if successful
- Release the OFF button and replace the battery cover once the beeps begin
- When the beeps have finished press the RED OFF button again
- The Trainer Device will power OFF
- The pairing procedure is now complete

Please Note: Inserting the batteries into the handheld remote whilst pressing the RED OFF button will cause the remote to take a new transmission ID. If this occurs accidentally when the device is not in pairing mode it will be necessary to complete the above procedure in full to pair the device and remote.